



The Update Message from the International Association of Machinists and Aerospace Workers representing Flight Attendants in the 2339 Local Lodges

Friday, February 12, 2010

Flight Attendant Work/Rest Patterns, Alertness, and Performance Assessment

The U.S. Congress and the President have directed the FAA Civil Aerospace Medical Institute (CAMI) in Oklahoma City to conduct research concerning fatigue among U. S. flight attendants. To this end, the FAA, in cooperation with the Institutes for Behavior Resources (IBR), is conducting a **Field Study** on activity, sleep, and mental fatigue experienced by US flight attendants. Initially, we sought 210 volunteers for this multi-week study. To date, 124 volunteers have completed the study. Our request at this time is for an additional 86 volunteers, with a majority needed from low-cost carriers.

- Participants must be active flight attendants.
- Participants will wear a wristwatch-shaped device on their non-dominant wrist (records activity and sleep) throughout the study, and a pedometer on their ankle (measures number of steps taken) when working.
- Using a portable handheld electronic device (a PDA), participants will complete an activity log and various self-report questionnaires and reaction time assessments every day (work and non-work days) throughout the study.
- Total time spent on the study is about 1-2 hrs per day, broken up across several ~15 min logbook/task sessions throughout each day.
- All data will be kept confidential by IBR and will not be personally identifiable to the participants' employers or officials from the FAA.
- Participants may receive up to **\$400** upon completion of the study and safe return of the research equipment.

If you are interested in participating, volunteers may do so online at:
<http://www.xyant.com/FAFieldStudy.htm>
or

<http://snaonline.snapsurveys.com/siam/surveylanding/interviewer.asp?sid=513ECB302DC40BC4E28CA139C0ED4F12565E4B8E52A6>

The website explains how the study is conducted, requests information about the type of trips you typically fly, how to contact you, and provides a point of contact for further information and answers to your questions. Study personnel from an independent research institute (IBR) will contact you directly regarding your assignment. We encourage you to consider volunteering to participate in this important study. If you are interested, please volunteer today.

ExpressJet Flight Attendants: The IAM together with ALPA was successful in convincing the company to indefinitely postpone the Prepaid Pass Travel Policy.

Drafting and reassignments are at an all time high - every day. If you feel you have been drafted improperly, gather as much information as possible and see your union representative. Review your pay registers and pay checks to be sure you are being paid correctly. Remember, additional flying (drafting), including deadhead, and Red Flag pairings are paid at 150%.

Please submit your contract proposals via the website, www.go142.org. Click on the ExpressJet logo to submit your contract proposal/s. You may submit as many proposals as you wish - one per form, please.

For United flights - please email your supervisor if your aircraft is not cleaned.

If you are interested in attending the **2010 Flight Attendant Conference** at the William W. Winpisinger Center, please see your union representative.

District 142 is pleased to announce its annual Scholarship Competition Program for 2010 will open on February 16, 2010 and will close at midnight April 30, 2010. The competition will be based on an essay competition, the subject of which will be selected by the Scholarship Committee. The competition will be open to all members in good standing of District Lodge 142 as of February 1, 2010, as well as their legal children who are 2010 graduating high school seniors. The winners of the competition will receive scholarship tuition of \$1,000.00. This money will be paid directly to the college or accredited institution of higher knowledge, at which the entrant is accepted, for tuition only. Application forms for the competition together with specific rules and regulations are available through your Local Lodge. Additionally, the General Chairperson assigned to your area can provide answers to any other inquiries concerning the entire program. All eligible members and year 2010 graduating high school seniors who are legal children of members are urged to take advantage of this opportunity to win financial assistance toward their continuing education. For complete details on the Scholarship Competition, please refer to the Scholarship 2010 Bulletin at the District's website, http://www.iamdl142.org/Bulletins/2010/Scholarship_2010_Bulletin.pdf.

We would like to encourage all members to attend your Local Lodge business meeting. Each Local Lodge must have a quorum to conduct business. The following is a schedule for upcoming meetings:

Houston: Tuesday, February 16, 2010, 1:00 p.m. at Houston Airport Marriott Hotel

Guam: Wednesday, February 17, 2010, 4:00 p.m. at the Airport Conference Room

Newark: Tuesday, March 9, 2010, 3:00 p.m. at the Renaissance Newark Airport Hotel

Cleveland: Thursday, March 11, 2010, 1:00 p.m. at 669 North Rocky River Drive